

How To Pray the Rosary

Start by making the sign of the Cross:

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Then recite the Apostle's Creed:

**I believe in God, the Father Almighty,
Creator of Heaven and earth; and in Jesus Christ,
His only Son Our Lord, Who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.
He descended into Hell; the third day He rose again from the dead;
He ascended into Heaven, and sitteth at the right hand of God, the Father almighty; from thence He shall come to
judge the living and the dead.
I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the
resurrection of the body and life everlasting. Amen.**

Then say 1 Our Father, 3 Hail Marys (for the virtues of Faith, Hope and Charity) and then 1 Glory Be:

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

(3 times) Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of death. Amen.

GLORY BE to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen. .

For those who wish to say only 5 decades per day, the Holy Father proposed the following schedule:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Joyful	Sorrowful	Glorious	Luminous	Sorrowful	Joyful	Glorious

Joyful Mysteries

1. The [Annunciation](#). Fruit of the Mystery: **Humility**
2. The [Visitation](#). Fruit of the Mystery: **Love of Neighbor**
3. The [Nativity](#). Fruit of the Mystery: **Poverty (poor in spirit), Detachment from the things of the world, Contempt of Riches, Love of the Poor**
4. The [Presentation of Jesus at the Temple](#). Fruit of the Mystery: **Purity, Obedience**
5. The [Finding of Jesus in the Temple](#). Fruit of the Mystery: **True Wisdom and True Conversion, Piety, Joy of Finding Jesus**

Luminous Mysteries

1. The [Baptism of Jesus in the Jordan](#). Fruit of the Mystery: **Openness to the Holy Spirit, the Healer.**
2. The [Wedding at Cana](#). Fruit of the Mystery: **To Jesus through Mary. The understanding of the ability to manifest-through faith.**
3. Jesus' Proclamation of the [Kingdom of God](#). Fruit of the Mystery: **Trust in God**
4. The [Transfiguration](#). Fruit of the Mystery: **Desire for Holiness.**
5. The [Institution of the Eucharist](#). Fruit of the Mystery: **Adoration**

Sorrowful Mysteries

1. The [Agony in the Garden](#). Fruit of the Mystery: **Sorrow for Sin, Uniformity with the Will of God**
2. The [Scourging at the Pillar](#). Fruit of the Mystery: **Mortification, Purity**
3. The [Crowning with Thorns](#). Fruit of the Mystery: **Contempt of the world, Courage**
4. The [Carrying of the Cross](#). Fruit of the Mystery: **Patience**
5. The [Crucifixion and Death of our Lord](#). Fruit of the Mystery: **Perseverance, Salvation, Forgiveness**

Glorious Mysteries

1. The [Resurrection](#). Fruit of the Mystery: **Faith**
2. The [Ascension](#). Fruit of the Mystery: **Hope, Desire for ascension to Heaven**
3. The [Descent of the Holy Spirit](#). Fruit of the Mystery: **Love of God**, Holy Wisdom to know the truth and share with everyone, Divine Charity, Worship of the Holy Spirit
4. The [Assumption of Mary](#). Fruit of the Mystery: **Grace of a Happy Death** and True Devotion towards Mary
5. The [Coronation of the Virgin](#). Fruit of the Mystery: **Trust in Mary's Intercession, Perseverance**

After Glory Be recite mystery, then one Our Father and concluding with 10 Hail Marys while meditating on mystery. After finishing the decade say: O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those who are in most need of Thy mercy.

Concluding Prayers after praying all 5 decades

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God that we may be made worthy of the promises of Christ.

O God, who's only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation. Grant, we beseech Thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, that we may both imitate what they contain and obtain what they promise, through Christ our Lord. Amen.

God, our Father, please send us holy priests and religious, all for the sacred and eucharistic heart of Jesus, all for the sorrowful and immaculate heart of Mary, in union with saint Joseph. Amen.

St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen..

Most Sacred Heart of Jesus, have mercy on us.

Immaculate Heart of Mary, pray for us.

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.